

THE LOCKDOWN LOWDOWN

An interim publication brought to you by the
Wickepin CRC

May 21, 2020 -
Final Edition

24 Wogolin Road, Wickepin WA 6370

P: 9888 1500 **F:** 9888 1588

E: wickepintc@westnet.com.au



In this Edition

COVID-19 WA roadmap

Phase 2

OPEN

Local business
reopening information

Feeling Clever?

Test your mind with:

Logic Puzzles, Sudoku, Brain
Teasers, Mazes, Dot to Dot,
Hidden Object & Colouring In

Watershed News

Returning Soon



Doing some outdoor work,
or filling in your time with
music? Check out Wickepin



Primary School's items for tender.

Limestone Pavers, Fence Panels,
a Piano & more!

Wickepin Health Centre



2020 Free Influenza
Vaccination Information
for Adults & Children

**KEEPING OUR LOCAL COMMUNITY CONNECTED
WHILE THE WATERSHED NEWS IS ON HOLD**

Welcome to Phase 2! As I write this, we have had 2 customers come into the Wickepin CRC so far, on our first morning of reopening. That's right, we are back in business! While it's not completely 'business as usual' around here, it is exciting for us to have our doors open again. We have a detailed COVID Safety Plan in place and all of our staff are following the procedures outlined in it. We are maintaining a high level of sanitation and complying with physical distancing guidelines which we hope will ensure that our customers feel comfortable returning to the Wickepin CRC.

What does Phase 2 mean for Wickepin?

- The Wickepin Football Club resumed training this week with skills and fitness drills (non contact)
- Wickepin and Yealering Primary School students are now expected back in the classrooms unless a student has a medical exemption
- The Wickepin Netball Club committee are meeting to plan the resumption of their netball season
- Numerous businesses have reopened their doors
- Fit Pursuit has started back up in Wickepin and Body Pump will be resuming on May 25
- The Shedders are again meeting on Tuesday mornings, while Social Arts & Crafts is back on Wednesdays

This is our final edition of the Lockdown Lowdown; I am pleased to report that the Watershed News ladies are raring to get back to work and will be doing so after the long weekend. The ladies will be in here on Tuesday June 2 putting everything together and the first edition of the Watershed News (after their hiatus) will be available on Wednesday June 3. Thank you to everyone who has contributed to our publication, we have enjoyed keeping you informed over the past couple of months. The experience of publishing the Lockdown Lowdown has given us an even greater appreciation for the work that the Watershed ladies do, and if possible, we are now even more impressed with the fact that they are able to print, collate and bind our local paper in the space of about 6 hours.

Thanks for reading

Susie & the Wickepin CRC team

WATERSHED NEWS RESUMES!

Next edition available

June 3

All submissions must be emailed to

watershed@wn.com.au

or dropped off at the Wickepin CRC by 10am on Tuesday June 2.

The Contact for the Watershed is at the CRC. Phone 9888 1500 or Fax 9888 1588:

Email: watershed@wn.com.au

Advertising Rates:

Full Page - \$30

1/2 Page - \$15

1/4 Page - \$8

Business Card Size - \$5



Wickepin

Community Resource Centre

Your local connection

Come in We're
OPEN

**Wickepin Community
Resource Centre and
Wickepin Public Library
Open for business as usual**

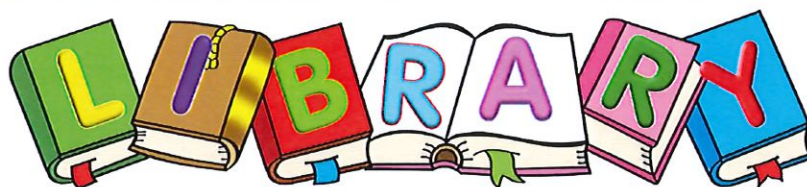
9:00am - 4:30pm

Monday - Friday

- . Please call to book
computer use on 9888 1500**
- . Please Respect our Social
Distancing and Hygiene Rules**

Thank you

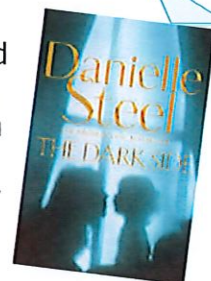
WICKEPIN PUBLIC



NEW BOOKS!

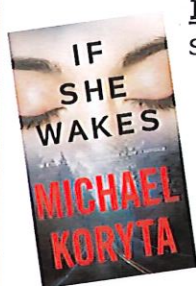
ADULT FICTION

The Dark Side - Danielle Steel Zoe Morgan was just ten years old when her life changed forever. Her sister, Rose, died of a rare illness, her parents turned into people she didn't know, and Zoe's lonely childhood drove her to excel in her studies. As a graduate of Yale, Zoe takes a leave of absence from medical school to work in a shelter for abused children in New York, where she meets well-known child advocacy attorney, Austin Roberts. Austin is bowled over by her beauty, brains and talent. He is her first love and the man she marries. Austin and Zoe have a perfect life and, after the birth of their longed-for daughter Jaime, Zoe knows that the aching void she had lived through for twenty-four years is finally complete. But it is only then that the true impact of Rose's death all those years ago affects their lives in a way that nobody could ever have imagined.



ADULT FICTION

If she wakes - Michael Koryta Tara Beckley is a senior at idyllic Hammel College in Maine. As she drives to deliver a visiting professor to a conference, a horrific car accident kills the professor and leaves Tara in a vegetative state. At least, so her doctors think. In fact, she's a prisoner of locked-in syndrome: fully alert but unable to move a muscle. Trapped in her body, she learns that someone powerful wants her dead--but why? And what can she do, lying in a hospital bed, to stop them? Abby Kaplan, an insurance investigator, is hired by the college to look in to Tara's case. A former stunt driver, Abby returned home after a disaster in Hollywood left an actor dead and her own reputation--and nerves--shattered. Despite the fog of trauma, she can tell that Tara's car crash was no accident. When she starts asking questions, things quickly spin out of control, leaving Abby on the run and a mysterious young hit man named Dax Blackwell hard on her heels.



ADULT FICTION

5 Ways to be famous now - Maurilia Meehan A glamorous ocean liner, inspired by the original ghostly Queen Mary, sets sail on its maiden voyage from Hobart to Antarctica. The personal plaything of the super-rich Kirstin McKinley, those on board include the novel's unnamed narrator, a library assistant with a passion for fire and revenge. Lily Zelinski, a journalist on the hunt for a big story. Shanti Bounty, a yoga teacher in Birkenstocks. Monica Frequen, the once celebrated author of Sea of Love. And Ariadne Jones, a Diana devotee, who long ago met the Princess when working in a war-zone hell. She still carries Diana's secret with her. All are deliciously connected in unforeseen ways.



ADULT LARGE PRINT

Brad Thor - Spy Master Across Europe, a secret organization has begun attacking diplomats. Back in the United States, a foreign ally demands the identity of a highly placed covert asset. In the balance hang the ingredients for all-out war. With his mentor out of the game, counterterrorism operative Scot Harvath must take on the role he has spent his career avoiding. But, as with everything else he does, he intends to rewrite the rules—all of them.



DVD

Can you ever forgive me? Melissa McCarthy stars as Lee Israel, the best-selling celebrity biographer (and cat lover) who made her living in the 1970's and 80's profiling the likes of Katharine Hepburn, Tallulah Bankhead, Estée Lauder and journalist Dorothy Kilgallen. When Lee found herself unable to get published because she had fallen out of step with the marketplace, she turned her art form to deception, abetted by her loyal friend Jack (Richard E. Grant).





COVID 19 PHASE 2



As of Monday 18 May 2020 Phase 2 of the Covid-19 restrictions were implemented. What this means is all Shire owned buildings are now open to a maximum of 20 people. Playgrounds, outside gym equipment and parks remain closed to the public and community bus bookings will not be taken until further notice.

The Shire Administration building has now resumed normal opening hours, 8.30am – 4.30pm. Licensing is also available between the hours of 8.30am – 4.00pm.

While we are open, to limit the potential exposure of our staff to the virus, please consider if your business is urgent and if possible refer to our website www.wickepin.wa.gov.au which provides updated information, resources and forms available for download or alternatively email your query to admin@wickepin.wa.gov.au.

Remember to please adhere to the 1.5m social distancing measures in place upon entry to the office and practice personal hygiene.

Links that may be of interest and may provide some clarity around the recent announcements:

COVID-19 coronavirus: WA Roadmap

<https://www.wa.gov.au/organisation/department-of-the-premier-and-cabinet/covid-19-coronavirus-wa-roadmap?a=>

COVID-19 coronavirus: Latest updates:

<https://www.wa.gov.au/organisation/department-of-the-premier-and-cabinet/covid-19-coronavirus-latest-updates>

Phase 2 – easing of restrictions - frequently asked questions

<https://www.wa.gov.au/government/publications/phase-2-easing-of-restrictions-frequently-asked-questions>

Changes to regional travel boundaries also took effect on Monday 18 May 2020.

Changes to regional travel boundaries
will take effect on
Monday 18 May

From that date, travel will be allowed:

1. Between Perth, Peel, Wheatbelt, South West and Great Southern
2. Between Mid-West, Gascoyne and Pilbara*
3. Within the Goldfields-Esperance region*
4. Between local government areas in the Kimberley*

* Restrictions on travel to remote communities and biosecurity areas will remain in place

Have you got a great idea for your community group?

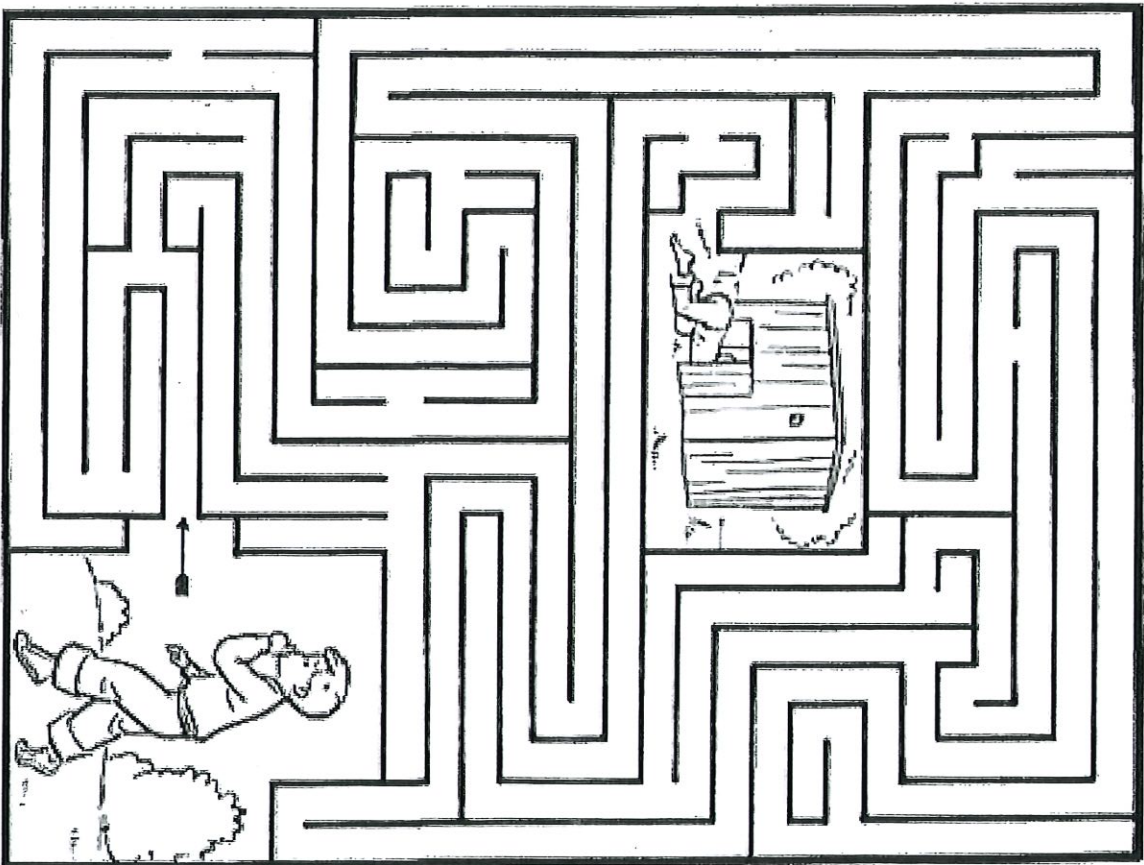
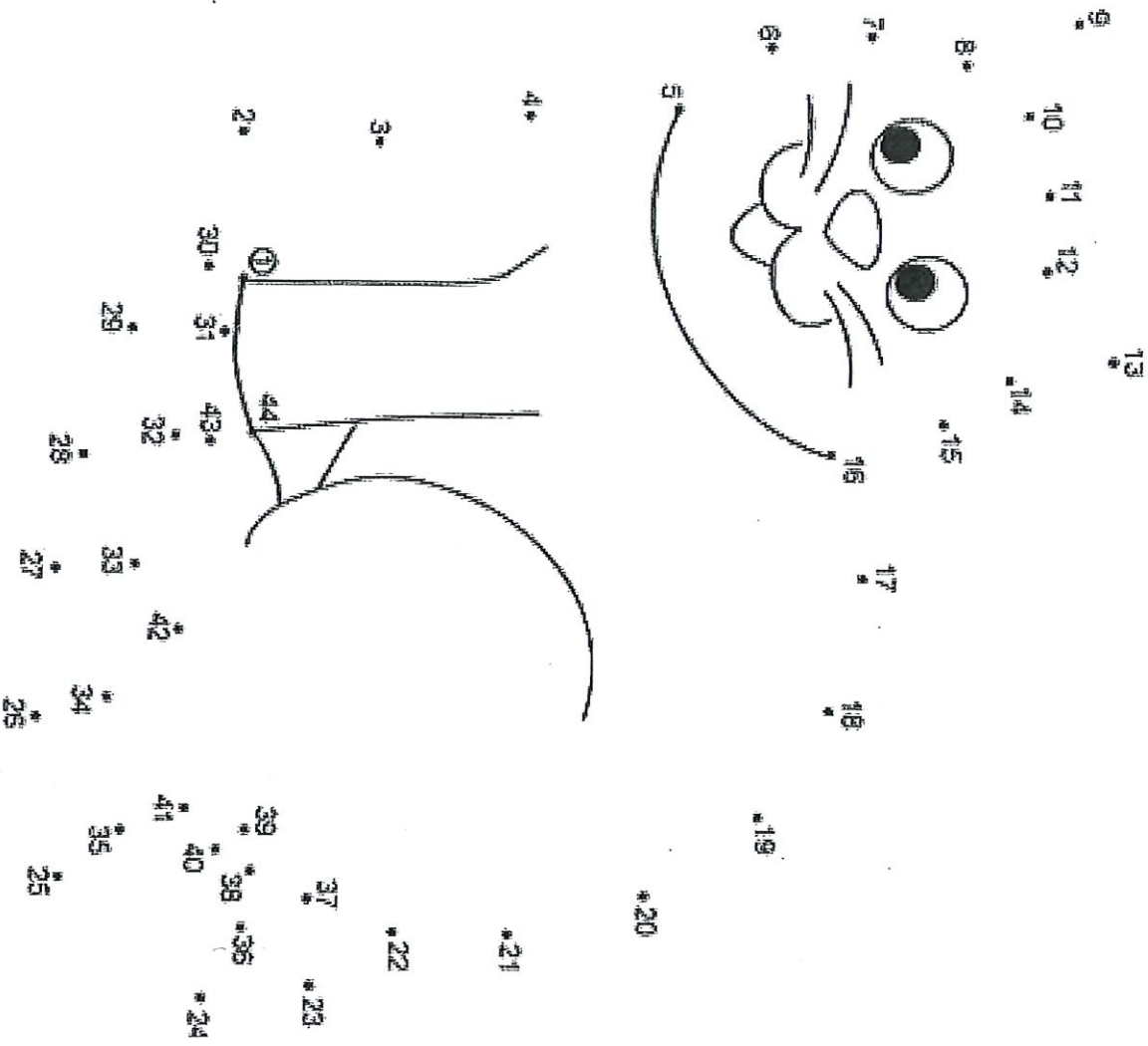
SHIRE OF WICKEPIN
2020 COMMUNITY GRANTS

Application forms are available to download via www.wickepin.wa.gov.au or contact eso@wickepin.wa.gov.au

Applications close Friday 22 May 2020

Please consult council's Community Development Officer to discuss your proposed project prior to commencing application.

KIDS PUZZLE



Find the secret path to the club house—become a member of the club.



Ewen Rural Supplies

38 Wogolin Rd Wickepin WA 6370
Ph 9888 1002 Fax 9888 1105 ewenrural@ewenruralsupplies.com

Fruit & Veg – Wednesday & Friday mornings (8am or late Tues/Thurs arvo)

Bread – Daily

Milk – Twice a week

DBC Meat – Wednesday mornings (8am or late Tues arvo)

- WA grown Fruit & Vegetables – in store or place an order
- Offering Fortnightly Specials – see in store or like us on Facebook
- Home Delivery or In-Store Collection still available – ask in store
- Loyalty Shopper cards – ask in store if you do not have one yet

Store hours Monday to Friday 8am to 5.30pm, Saturdays 8.30am to 12pm
Thanks for supporting our community and shopping local

Jeans Wickepin Newsagent and Deli

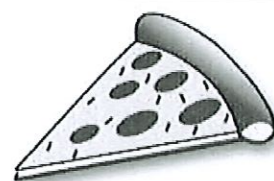
Would like to announce New opening hours during COVID-19

Monday to Friday – 6.30am-5.30pm

Saturday and Sunday – 8am-2pm

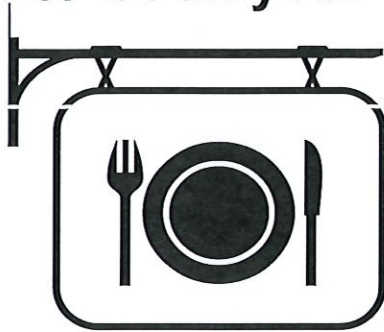


Now available
Homemade Pizzas
Freshly made, ready to cook and enjoy
Meat feast, Supreme and Hawaiian



LOCAL RESTAURANT INFORMATION

To avoid Disappointment
Call to book your table



Dine-in meal services at
restaurants and cafés
can resume on
Monday 18 May



But must operate under the following conditions:



A limit of
20 patrons at a time
per venue



The 4 square
metre per person
capacity rule still
applies, including
alfresco areas



Patrons from
separate households
should follow social
distancing rules



**Bars and pubs may open, but must
operate like a restaurant**

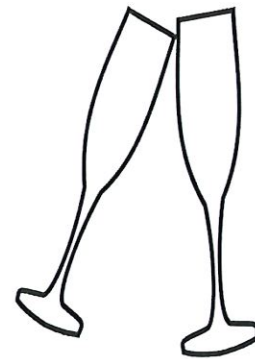
Patrons must be seated
Alcohol may only be served with food

Existing takeaway services can continue
Food courts will remain takeaway only
All venues must complete a COVID Safety Plan before reopening

Wickepin Hotel and Harvest Cafe
9888 1192

Dining and Takeaway Food
12pm- 1.30 pm Wednesday-Sunday
5pm - 8pm Daily

Takeaway Drinks
4pm-8pm Monday and Tuesday and
12pm - 8pm Wednesday- Sunday



Lake Yealering Hotel
9888 7014

Book in for Dining and Takeaway Food
12pm - 2pm and 6pm- 8pm Daily

Takeaway Drinks
12pm - 8pm Daily

Oasis Hotel Harrismith
9883 1010

Book in for Dining
5.30pm- 8.30pm Daily
Takeaway Food
12pm-2pm and 5.30pm-8.30pm
Takeaway Drinks
11am - 8.30pm Daily



WICKEPIN PRIMARY SCHOOL

ITEMS FOR TENDER

Wickepin Primary School has some items available for tender. Items can be viewed anytime on our Facebook page or by phoning the school on 9888 1126.

All tenders for items need to be submitted in writing to either wickepin.ps@education.wa.edu.au or mailed/delivered to the school office:

44 Henry Street

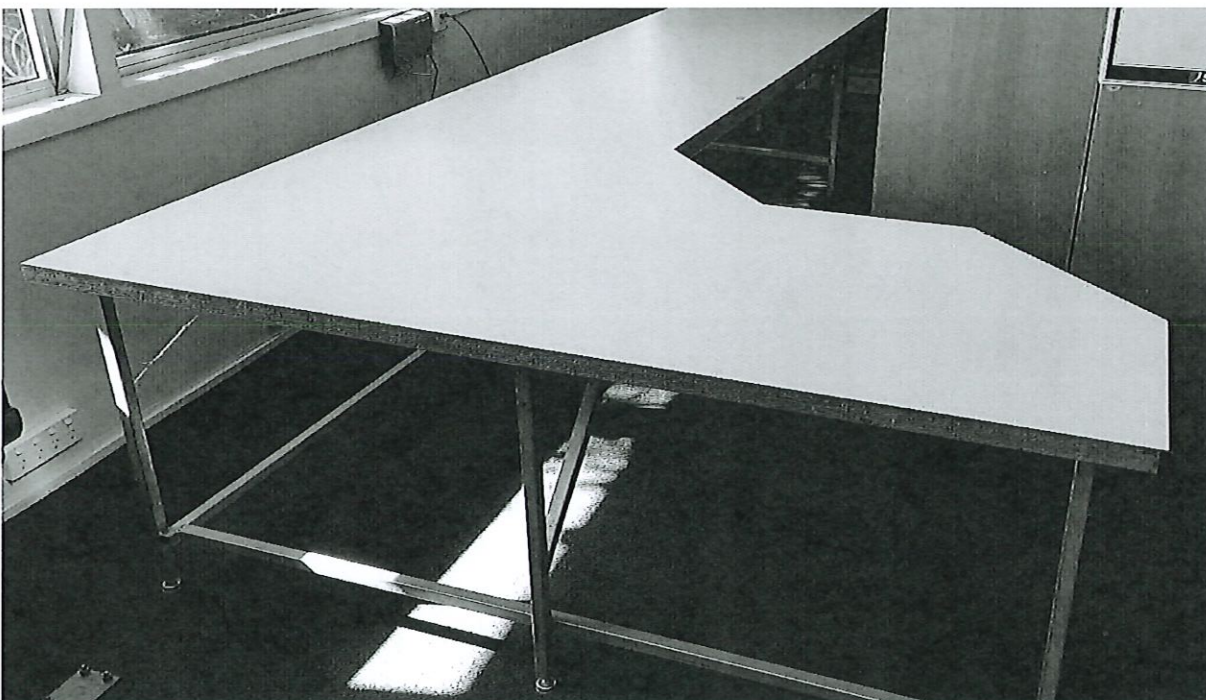
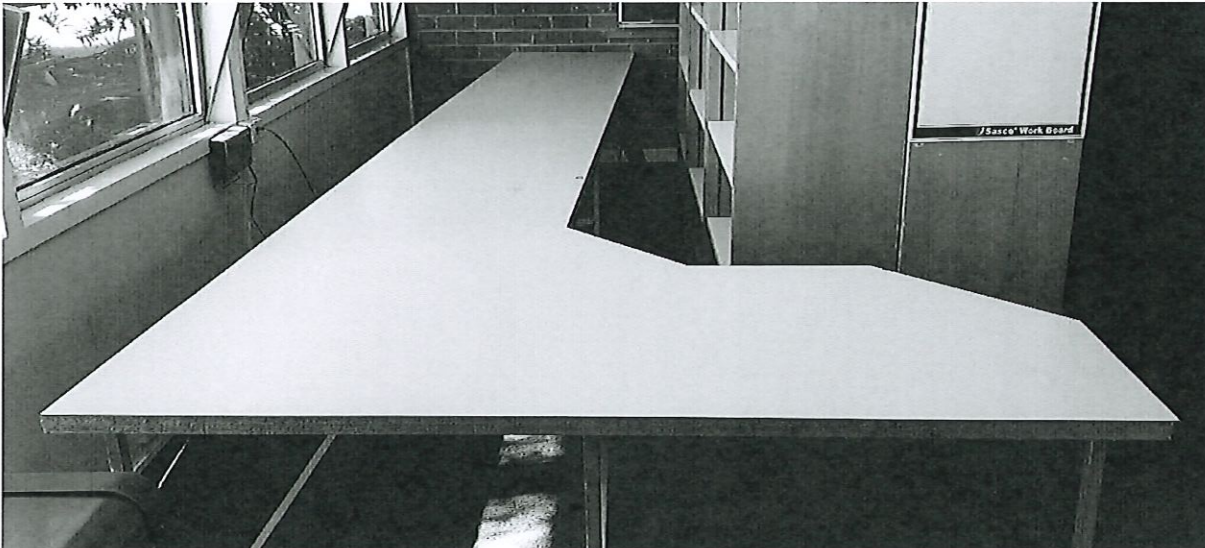
WICKEPIN WA 6370.

The "tender" needs to contain your name and contact details, the item you would like to buy and the amount you are willing to tender for it.

All items are in as is condition. All tenders will be considered; however, the Principal is not bound to accept the highest or any tender. Tenders close 10.00am Friday 29th May 2020

Bench

Height 700mm. Length 4.83m. Width 745mm for main length, then 1.80m at widest end.



Fence Panels

1 x 1m x 1.5m high

Approximately 25.36m of 900mm high panels of varying lengths.



Piano – Estey



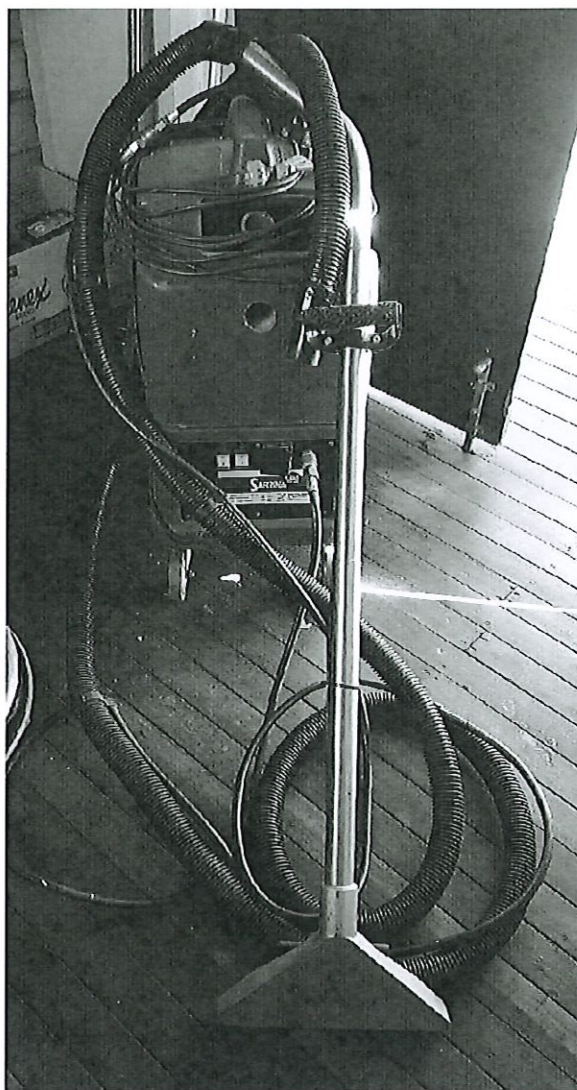
Limestone Pavers

86 pavers plus a few off cuts.

395mm x 395mm x 35mm.

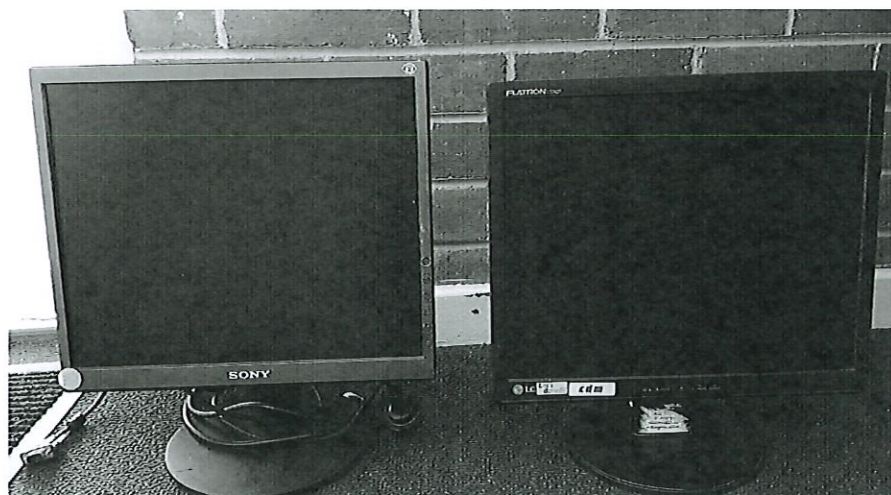


Sabrina-Maxi Carpet Shampooer



Computer Screens

Various 15inch & 17inch monitors



Puzzle Pages

Can You Solve The Dog Related Idiom from the Definition?

1) L _ _ S _ _ _ _ _ D _ _ L _ _

To warn someone that they should not talk about a bad situation that most people have forgotten about.

2) I _ _ A D _ _ E _ _ D _ _ W _ _ _ _

Refers to a place or situation that is highly competitive.

3) S _ _ _ A _ A D _ _

Extremely ill.

4) C _ _ _ T _ _ _ _ A _ O _ _ D _ _ N _ _ T _ _ _ _ _

It's very hard to teach someone new skills or to change someone's habits or character.

5) B _ _ _ I _ W _ _ _ _ T _ _ _ T _ _ _ _ B _ _ _ _

When a person seems more aggressive or hostile than is the case.

6) H _ _ _ O _ T _ _ D _ _ _

An alcoholic drink taken to cure a hangover.

7) D _ _ A _ _ B _ _ _ _

Cockney rhyming slang for telephone.

8) P _ _ _ _ L _ _ _ _

Romantic feelings that a young person feels for someone else.

9) E _ _ _ _ D _ _ H _ _ I _ _ D _ _

Everyone will have good luck or success at some point in their lives.

10) U _ _ _ _ _ _ _ _

A competitor thought to have little chance of winning a fight or contest.

11) I _ T _ _ D _ _ H _ _ _ _

Somewhere you don't want to be. When ones partner is displeased with them for one or more reasons.

12) R _ _ _ _ _ C _ _ _ A _ _ D _ _ _ _

Extremely heavy rain.

13) B _ _ _ _ _ U _ T _ _ W _ _ _ _ T _ _ _ _

To be pursuing a mistaken or misguided line of thought or course of action.

14) T _ _ D _ _ _

A person who is successful or dominant in their field.

15) D _ _ _ D _ _ _ _ _

To make a poor job or mess of something, usually in reference to a culinary disaster.



Government of Western Australia
WA Country Health Service

2020 Childhood Influenza Vaccination

For WA children aged over 6 months to less than 5 years

Plus all WA primary school aged children (pre-primary to year 6)

**Childhood Influenza vaccinations are now available at the
Wickepin Health Centre**

**To make an appointment or for more information please phone
Wickepin Health Centre on 9888 2222**

The free Influenza vaccination is also available from your local GP.

Two doses of Influenza vaccine, at least one month apart, are recommended for children aged under 9 who are receiving the Influenza vaccine for the first time - both doses are provided free.

Get in touch

Wickepin Health Service

28 Johnson Street
Wickepin, Western Australia 6000
Telephone: 08 9888 2222
Facsimile: 08 9888 1075

www.wacountry.health.wa.gov.au

To provide feedback on this publication email
wachscomms@health.wa.gov.au. Alternative formats can
be provided on request. © WA Country Health Service.



2020 Adult Influenza Vaccination

Free adult influenza vaccinations are now available at the

Wickepin Health Centre for eligible clients

The following individuals in WA are eligible to receive government funded vaccine:

- persons 65 years or older
- pregnant women (any trimester)
- Aboriginal people 6 months and older
- individuals 6 months and older with medical conditions that place them at risk for complications of influenza, including
 - cardiac disease
 - chronic respiratory conditions
 - chronic neurological conditions
 - impaired immunity
 - diabetes and other metabolic disorders
 - renal disease
 - haematological disorders

**To make an appointment or for more information
please phone Wickepin Health Centre on 9888 2222**

***For those who don't fit into the criteria for a free influenza vaccine
please contact your GP or pharmacy.***

Get in touch

Wickepin Health Service

28 Johnson Street
Wickepin, Western Australia 6000
Telephone: 08 9888 2222
Facsimile: 08 9888 1075

www.wacountry.health.wa.gov.au

To provide feedback on this publication email
wachscomms@health.wa.gov.au. Alternative formats can
be provided on request. © WA Country Health Service.

Logic Grid

It's your first day on the job. Your team member's introductions went so fast; it's all a blur. There are three males: Alex, Carlos and Edward, and two females: Brenda and Deborah. The other employees are all celebrating a work anniversary this week, for being with the company either 1, 3, 5, 10, or 20 years. Each of them has been using the same form of transportation for their entire career. Try to piece together what each person's role is, how they get to work, and how long they have been with the company.

	Developer	Engineer	Specialist	Architect	Manager	Car	Motorcycle	Bus	Train	Subway	1 year	3 years	5 years	10 years	20 years	
Alex																
Brenda																
Carlos																
Deborah																
Edward																
1 year																
3 years																
5 years																
10 years																
20 years																
Car																
Motorcycle																
Bus																
Train																
Subway																

- Alex has been at work longer than the engineer but not as long as the bus rider.
- Because she takes public transit, Brenda can do the crossword on her way to work.
- Carlos has been on the job exactly twice as long as the manager.
- Either Deborah or the one who takes the train just received their 10 year service award.
- Edward's last promotion was 2 years ago when he became a specialist.
- The developer doesn't always get a seat and sometimes has to stand on the way to work.
- The architect role requires at least 6 years of on-the-job experience.
- The engineer can leave whenever she wants, she isn't tied down to a particular transit schedule.
- The subway was built 8 years ago.
- The owner of the motorcycle has been using it to come to work for more than 6 years.
- On the day of the snowstorm last week, only Alex and the Manager arrived on time; everyone who relied on the roads (bus, car, motorcycle) was late.

Sudoku

	4			7	5			8
	6	9	8	2			3	1
				6		9	5	4
9	1	3						
2								6
						1	9	5
1	7	8		9				
6	9			3	1	8	4	
4			5	8			1	

					2			
				9	5		6	3
	6			1			9	7
5						6		
3	7		5	8	9		2	1
		1						5
6	4			7			8	
2	1		8	4				
			9					

Changemakers Series

Online Club Workshops



“Working together to support Wheatbelt Clubs & Associations”

The Department of Local Government, Sport and Cultural Industries and 150 Square are pleased to present this Changemakers Series for Wheatbelt Sports Clubs and Associations. The series will be delivered through weekly online workshops over a three-week period. These FREE short online workshops are for of all sporting codes and will assist your club navigate through changing times. The workshops are aimed at club and association committee members and club leaders. You can register [here](#) for any of the workshops or the whole series. All sessions will be recorded and available [here](#).

Don't miss this great professional development opportunity!

For any enquiries, please contact Samantha Cornthwaite on 9690 2442 or samantha.cornthwaite@dlgsc.wa.gov.au

Session 1
Impact Assessment
Thursday, 28 May
7.00pm – 7.40pm

Assessing The Current Situation for Wheatbelt Sports Associations and Clubs
Hear how to assess your Association or Clubs current situation, be provided with tools to guide you during this reflection period. One on one assistance will be offered after the session.

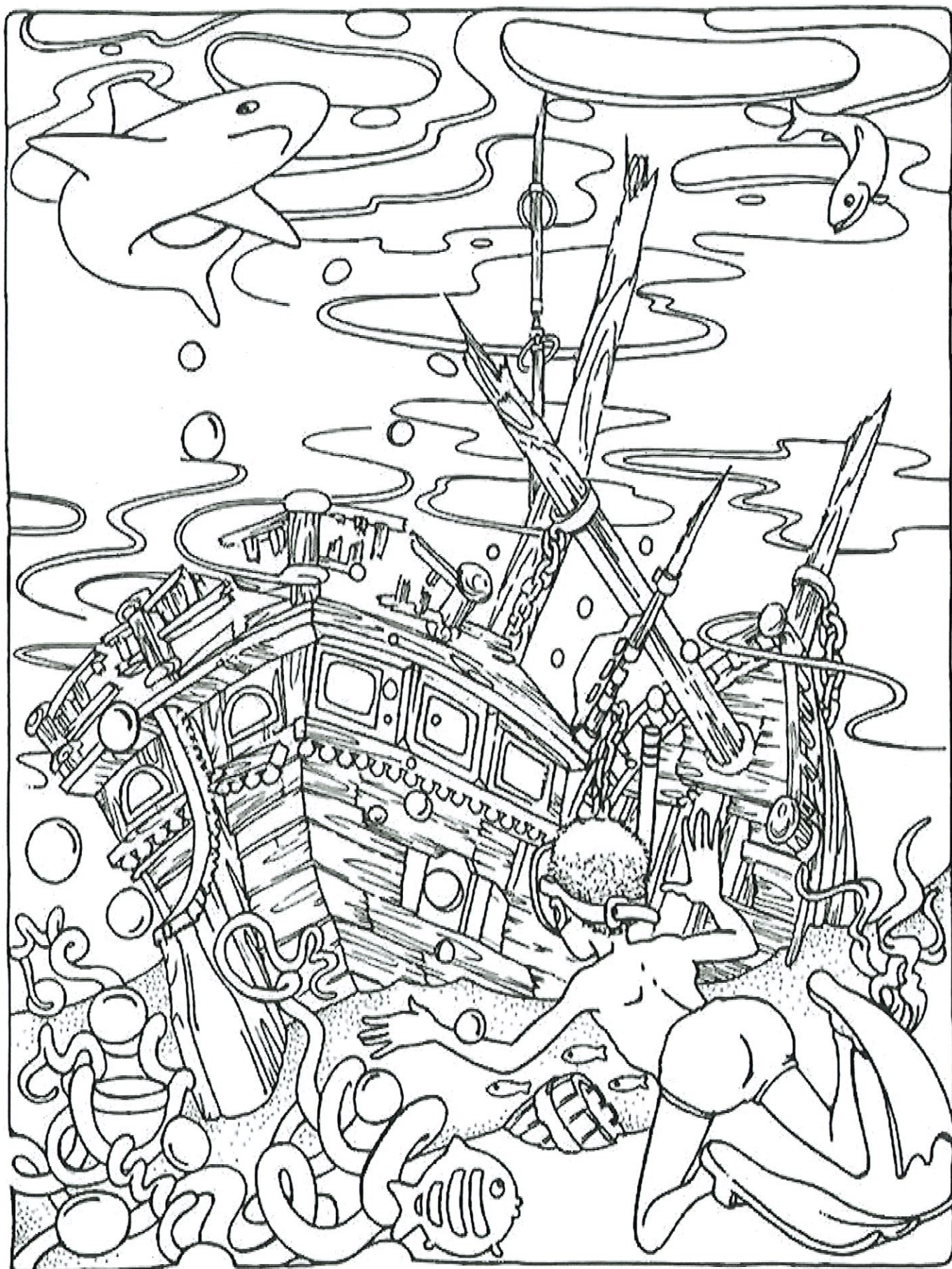
Session 2
Resource review and
organisational priority
Thursday, 4 June
7.00pm – 7.40pm

Priority Planning for Clubs and Associations
Work through your Association or Clubs assessment of priorities. Then set out your Associations or Clubs priorities moving forward. One on one assistance will be offered after the session.

Session 3
Risk Assessment
Thursday, 11 June
7.00pm – 7.40pm

Preparation for Return to Play
Being prepared is an important aspect of successfulness. Learn how to utilise a risk assessment tool and major key aspects for returning to play. One on one assistance will be offered after the session.





Sam has come across a very unusual treasure ship. He won't find any old gold coins or silver bars, but with your help he may find a new television, headphones, a telephone receiver, a bottle of soda, a skateboard, and a camera. You might want to hurry, though, that shark is looking pretty hungry.

Support one of our participating local businesses
to be in the running to win some great prizes

SHOP LOCAL AND KEEP THE BUSINESS IN OUR SHIRE!

From June 2 the stores involved will be giving out
raffle tickets to eligible customers with their
purchases with draws to be held on a fortnightly basis

A minimum \$ spend may apply

Check in participating stores for details

Puzzle Solutions

Sudoku

3	4	1	9	7	5	2	6	8
5	6	9	8	2	4	7	3	1
8	2	7	1	6	3	9	5	4
9	1	3	6	5	8	4	7	2
2	5	4	7	1	9	3	8	6
7	8	6	3	4	2	1	9	5
1	7	8	4	9	6	5	2	3
6	9	5	2	3	1	8	4	7
4	3	2	5	8	7	6	1	9

9	5	3	7	6	2	8	1	4
1	8	7	4	9	5	2	6	3
4	6	2	3	1	8	5	9	7
5	9	4	1	2	7	6	3	8
3	7	6	5	8	9	4	2	1
8	2	1	6	3	4	9	7	5
6	4	5	2	7	1	3	8	9
2	1	9	8	4	3	7	5	6
7	3	8	9	5	6	1	4	2

Logic Grid Answers

Alex is the developer; he has taken the subway for 3 years.
Brenda is the manager; she has taken the train for 10 years.
Carlos is the architect; he has taken a motorcycle for 20 years.
Deborah is the engineer; she has taken a car for 1 year.
Edward is the specialist; he has taken the bus for 5 years.

Dog Idioms

- Let sleeping dogs lie
- It's a dog eat dog world
- Sick as a dog
- Can't teach an old dog new tricks
- Bark is worse than their bite
- Hair of the dog
- Dog and bone
- Puppy love
- Every dog has its day
- Underdog
- In the dog house
- Raining cats and dogs
- Barking up the wrong tree
- Top dog
- Dogs dinner